





Design and Technology Topic Overview : Seasonal food

Previous linked learning	I think I already know...	I would like to find out...
<p><u>Year 1</u>                      I can name a variety of fruits and vegetables.                      I can use a knife to cut some fruits and vegetables in different ways.</p> <p><u>Year 2</u>                      I can use the model of the balanced plate to evaluate how healthy different pizzas are.                      I can sort pizza toppings into groups based on different criteria, e.g. animal vs plant products.</p>		
<p>Pros                    quality assurance                      Cons                    preserved                      Seasonal                alternative                      Britain                      Fruit                      Vegetable                      Grown                      Processed                      Healthy                      Varied                      Reared                      Processed                      diet                      Wheat production                      Farming                      Ripening                      Vegetarian                      Combat overfishing                      Alternative</p>	<p><b>By the end of this unit, you will be able to...</b></p> <p>To cook using British ingredients available all year round.                      To know how seasonal fruits in Britain are grown and processed.                      To understand why vegetables form an important part of a healthy and varied diet.                      To find out about how seasonally produced meat can form part of a healthy diet.                      To know how fish are caught or reared, processed and used in healthy meals.                      To show what you have learned about eating seasonal food as part of a healthy, varied diet.</p> <div style="display: flex; justify-content: space-around; align-items: center;">   </div>	